DESTINATION: WATER SPORTS

# Trishuli River *Rafting*

1 Days

| — Starts at | — Ends at | — Season |
|---|---|---|

OVERVIEW

## The trip

Trishuli rafting is the easiest way to get on white water from Kathmandu, a single day on Nepal's most popular beginner river. You drive west along the Prithvi Highway for a couple of hours to the put-in near Charaudi, where a river guide runs through paddling and safety before you launch. The Trishuli's rapids are mostly grade 3, fun and splashy with calmer stretches in between, so it is exciting without being frightening, and the river runs through a green valley of hills and villages. After a few hours on the water and lunch by the river, you drive back to the city the same evening. It needs no experience, suits ages from about ten upwards, and is a great first taste of rafting.

HIGHLIGHTS

## Trip highlights

The moments this trip is built around.

- Rapids: Grade 3, beginner-friendly
- Best season: September to June
- Total time: Full day with transfers
- Location: Trishuli river, Prithvi Highway

ITINERARY

## Day-by-day itinerary

Your day-by-day plan. Everything is customizable — add nights, swap activities, or change hotels.

DAY 1

### Trishuli River Rafting

- Pickup and scenic drive west on the Prithvi Highway to the put-in near Charaudi, about 2 to 3 hours
- Safety and paddle briefing with your river guide, then kit up with a life jacket and helmet
- Raft the Trishuli's grade-3 rapids, with fun white water and calmer stretches through a green river valley, around 3 to 4 hours on the water
- Lunch by the river after the run
- Drive back to your hotel in Kathmandu

INCLUSIONS

## What's included

**Included**

- ✓ Private vehicle with driver to the river and back
- ✓ Rafting on the Trishuli with a licensed river guide
- ✓ Lunch by the river after the rafting

**Not included**

- ✗ Tour guide
- ✗ Travel insurance
- ✗ Tips and personal expenses

PACKAGE PRICING

## Package pricing

Price per person for 1, 2 and 3 people. Ask us for any other group size.

PRICE
**$73** / person

| | |
|---|---|
| **1 person** | **$116** / person |
| **2 people** | **$84** / person |
| **3 people** | **$73** / person |

**Prices are per person, in US dollars. No card fee · no hidden costs.** What each price includes and excludes is in the What's included section above.

LEGAL & POLICIES

## Booking & cancellation

Operated by Zeta Tours and Travels Pvt. Ltd. · Effective 2 June 2026

### PAYMENT SCHEDULE

1. **30% — at booking confirmation**
   This first payment confirms your dates and lets us secure permits, domestic flights, guides, porters and your teahouse or hotel nights. Bookings made 15 days or fewer before the start date are payable in full on confirmation.
2. **40% — 15 days before your trip starts**
   The second instalment is due 15 days before the trip starts. For a group of seven or more travellers it is due 30 days before instead.
3. **Balance — 2–3 days before departure**
   Anything still outstanding is settled 2–3 days before departure, or at your pre-trip meeting in Kathmandu.

### REFUND TIMELINE (CANCELLATION)

| | |
|---|---|
| 30 days or more | FULL REFUND |
| 15–29 days | 25% FEE |
| 8–14 days | 50% FEE |
| 7 days or less | NO REFUND |

#### Introduction

At **Uncover Nepal** we believe a trip should be stress-free from the very first step. This policy outlines how bookings work, what happens if plans change, and what you can expect from us at every stage of your journey in Nepal.

Bookings are confirmed in writing by email and are subject to availability at the time of payment. We accept bank transfer, credit card and authorised payment gateways, in US dollars or the Nepalese rupee equivalent; international transaction fees are borne by the traveller, and a payment counts as made only once the funds reach our account.

#### Non-refundable services

Some costs are committed to third parties the moment they are issued and cannot be recovered, regardless of cancellation timing:

- **Trekking permits** — ACAP/national-park entry and restricted-area permits are issued in your name.
- **Domestic flight tickets** — Kathmandu–Lukla, Pokhara and similar sectors, once ticketed.
- **Entrance tickets** to parks, monuments and heritage sites, once issued.
- **Chartered helicopters**, peak-climbing royalties and pre-paid activities.
- **Special hotel rates** booked on non-refundable terms at your request.
- Unused services, early descents, early departures and voluntary trip curtailments.

#### Permits & domestic flights

**Permits**

- Permits are issued by the relevant government authority and in your name; issuing them is not at our discretion.
- Permit and park fees are non-refundable once issued, including if you turn back on the trail.

**Domestic flights**

- Mountain sectors such as Lukla are weather-dependent. Delays and cancellations are common in cloud and are outside anyone's control.
- All cancellations and changes are subject to the airline's fare rules.
- Where a mountain flight is cancelled we will help you rebook or arrange an alternative, but Uncover Nepal is not liable for the delay itself or for onward connections you have booked separately.

#### How refunds are paid

- Cancellations must reach us in writing at contact@uncovernepal.com. The timeline above runs from the date we receive that email.
- Approved refunds are processed within 7–15 working days of our acknowledgement.
- Money is returned by the original payment method and in the original currency.
- Bank and transaction fees on both the original payment and the refund are borne by the traveller.

#### No-show & early departure

- Travellers who do not arrive for the trip are charged the full trip cost.
- Leaving a trip early, and any service you choose not to use, is charged in full and is not refunded.

#### Liability & disclaimer

**Events beyond our control**

Uncover Nepal is not liable for delays or cancellations caused by events beyond our control, including weather, landslides and road closures, natural disasters, government actions, strikes or pandemics.

Your own international flights, travel insurance and Nepal entry visa are your responsibility. We strongly recommend insurance that covers trekking to the maximum altitude on your itinerary, including helicopter evacuation.

#### Talk to us

Questions about a booking or cancellation? Email contact@uncovernepal.com or call +977 9705413894. For urgent queries, WhatsApp us for a faster response.

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## Ready to book this trip?

Share your dates and group size. A Uncover Nepal travel expert will build the best plan for you — free, no pressure.

View tour on web → | WhatsApp us

**Call / WhatsApp:** +977 9705413894
**Email:** contact@uncovernepal.com · **New Baneshwor, Kathmandu, Nepal**
**Web:** uncovernepal.com

This itinerary is indicative and subject to a final booking agreement. Prices, inclusions and day sequence may change with availability, season and group size. Zeta Tours and Travels Pvt. Ltd.