DESTINATION: AIR & SKY ADVENTURES

Pokhara Adventure Tour: The Cliff, Rafting and Paragliding

4 Days

4 days
Duration

Kathmandu
Starts at

Kathmandu
Ends at

October to November and March to May
Best season

1,595 m at Sarangkot
Max altitude

Moderate, no experience needed
Difficulty

1 to 18 people
Group size

OVERVIEW

The trip

This Pokhara adventure tour gives you a full day at The Cliff and a full day of Pokhara's own activities, bookended by the drive from and back to Kathmandu. You travel west to Pokhara and on to Kusma, where The Cliff hangs over the Kali Gandaki gorge. The next day is yours there, with a 228 m (748 ft) bungee, a swing jump with around eight seconds of free fall or the sky cycle on a wire 255 m above the river, each an optional extra you add when you enquire. On day three you return to Pokhara for a half-day raft on the Upper Seti and a tandem paragliding flight from Sarangkot, both included. Day four begins with sunrise at Sarangkot before the drive home. It suits adventurous travellers who want to pick their own thrills in one short trip, and friends who would rather watch.

HIGHLIGHTS

Trip highlights

The moments this trip is built around.

- Thrills: Rafting and paragliding included; bungee or swing optional
- Max altitude: 1,595 m at Sarangkot
- Difficulty: Moderate, no experience needed
- Best season: October to November and March to May

ITINERARY

Day-by-day itinerary

Your day-by-day plan. Everything is customizable — add nights, swap activities, or change hotels.

Day 1 — Drive from Kathmandu to Pokhara and on to Kusma

- Leave Kathmandu west on the Prithvi Highway, six to nine hours to Pokhara
- Or, on the flight option, the domestic flight to Pokhara, around 25 to 30 minutes
- Continue 57 km beyond Pokhara to Kusma in Parbat
- Check in near The Cliff for the night

Day 2 — A Full Day at The Cliff, Kusma

- Safety briefing and weigh-in at The Cliff for anyone taking an optional activity
- Optional bungee jump from 228 m (748 ft) above the Kali Gandaki
- or the optional swing jump, with around eight seconds of free fall
- Optional sky cycle on a wire 255 m above the river, or simply watch from the Sky Café, then a second night in Kusma

Day 3 — Back to Pokhara for Rafting and Paragliding

- Drive back to Pokhara after breakfast
- Half-day raft on the Upper Seti, about 90 minutes of grade 3 and 4 water
- Tandem paragliding flight from Sarangkot, landing near Lakeside, weather permitting
- Lunch, then free time by Phewa Lake in Lakeside

Day 4 — Sarangkot Sunrise and Drive to Kathmandu

- Early drive up from Lakeside to Sarangkot
- Sunrise over the Annapurna range and Machhapuchhre on a clear day
- Breakfast back in Pokhara before setting off
- Six to nine hours on the Prithvi Highway to your hotel in Kathmandu, or the short flight back on the flight option

INCLUSIONS

What's included

Included

- Private vehicle that stays with you for all four days
- 2 nights in a deluxe cottage at The Cliff
- One night in a 3-star hotel in Pokhara, with breakfast
- Upper Seti rafting, half day
- Lunch on day 3
- Tandem paragliding, Sarangkot
- Sarangkot sunrise viewpoint entry

Not included

- Flights Kathmandu to Pokhara and back
- Airport transfers in Kathmandu
- Bungee or swing at The Cliff (optional extra)
- Sky Cycle and Sky Café (optional extra)
- Tour guide
- Travel insurance
- Extra hotel night if a flight is cancelled
- Hotel nights in Kathmandu
- Tips and personal expenses
- Other lunches and all dinners

PACKAGE PRICING

Package pricing

Price per person for every group size we price. Bigger group? Ask us and we will price it.

GROUP SIZE	BY ROAD	BY FLIGHT
1 person	$721 / person	$1,092 / person
2 people	$472 / person	$843 / person
3 people	$443 / person	$814 / person
4 people	$408 / person	$779 / person
5 people	$403 / person	$774 / person
6 people	$373 / person	$744 / person
7 people	$381 / person	$752 / person
8 people	$361 / person	$732 / person
9 people	$364 / person	$735 / person
10 people	$350 / person	$721 / person
11 people	$353 / person	$724 / person
12 people	$342 / person	$713 / person
13 people	$368 / person	$739 / person
14 people	$357 / person	$728 / person
15 people	$359 / person	$730 / person
16 people	$351 / person	$722 / person
17 people	$353 / person	$724 / person
18 people	$345 / person	$716 / person

Prices are per person, in US dollars. No card fee · no hidden costs. What each price includes and excludes is in the What's included section above.

LEGAL & POLICIES

Booking & cancellation

Operated by Zeta Tours and Travels Pvt. Ltd. · Effective 2 June 2026

PAYMENT SCHEDULE

1 — 30% — at booking confirmation
This first payment confirms your dates and lets us secure permits, domestic flights, guides, porters and your teahouse or hotel nights. Bookings made 15 days or fewer before the start date are payable in full on confirmation.

2 — 40% — 15 days before your trip starts
The second instalment is due 15 days before the trip starts. For a group of seven or more travellers it is due 30 days before instead.

3 — Balance — 2–3 days before departure
Anything still outstanding is settled 2–3 days before departure, or at your pre-trip meeting in Kathmandu.

REFUND TIMELINE (CANCELLATION)

30 days or more	FULL REFUND
15–29 days	25% FEE
8–14 days	50% FEE
7 days or less	NO REFUND

Introduction

At **Uncover Nepal** we believe a trip should be stress-free from the very first step. This policy outlines how bookings work, what happens if plans change, and what you can expect from us at every stage of your journey in Nepal.

Bookings are confirmed in writing by email and are subject to availability at the time of payment. We accept bank transfer, credit card and authorised payment gateways, in US dollars or the Nepalese rupee equivalent; international transaction fees are borne by the traveller, and a payment counts as made only once the funds reach our account.

Non-refundable services

Some costs are committed to third parties the moment they are issued and cannot be recovered, regardless of cancellation timing:

- **Trekking permits** — ACAP/national-park entry and restricted-area permits are issued in your name.
- **Domestic flight tickets** — Kathmandu–Lukla, Pokhara and similar sectors, once ticketed.
- **Entrance tickets** to parks, monuments and heritage sites, once issued.
- **Chartered helicopters**, peak-climbing royalties and pre-paid activities.
- **Special hotel rates** booked on non-refundable terms at your request.
- Unused services, early desserts, early departures and voluntary trip curtailments.

Permits & domestic flights

Permits

- Permits are issued by the relevant government authority and in your name; issuing them is not at our discretion.
- Permit and park fees are non-refundable once issued, including if you turn back on the trail.

Domestic flights

- Mountain sectors such as Lukla are weather-dependent. Delays and cancellations are common in cloud and are outside anyone's control.
- All cancellations and changes are subject to the airline's fare rules.
- Where a mountain flight is cancelled we will help you rebook or arrange an alternative, but Uncover Nepal is not liable for the delay itself or for onward connections you have booked separately.

How refunds are paid

- Cancellations must reach us in writing at contact@uncovernepal.com. The timeline above runs from the date we receive that email.
- We process your refund within 4 to 7 working days of our acknowledgement.
- Money is returned by the original payment method and in the original currency. Your bank may take a few more days to show it.
- When you cancel, bank and transaction fees on both the original payment and the refund are borne by the traveller. If we cannot run the dates we confirmed with you, we refund every cent you paid, fees included.

No-show & early departure

- Travellers who do not arrive for the trip are charged the full trip cost.
- Leaving a trip early, and any service you choose not to use, is charged in full and is not refunded.

Liability & disclaimer

Events beyond our control

Uncover Nepal is not liable for delays or cancellations caused by events beyond our control, including weather, landslides and road closures, natural disasters, government actions, strikes or pandemics.

Your own international flights, travel insurance and Nepal entry visa are your responsibility. We strongly recommend insurance that covers trekking to the maximum altitude on your itinerary, including helicopter evacuation.

Talk to us

Questions about a booking or cancellation? Email contact@uncovernepal.com or call +977 9705413894. For urgent queries, WhatsApp us for a faster response.

uncover nepal

Ready to book this trip?

Share your dates and group size. A Uncover Nepal travel expert will build the best plan for you — free, no pressure.

View tour on web → | WhatsApp us

Call / WhatsApp: +977 9705413894
Email: contact@uncovernepal.com · **New Baneshwor, Kathmandu, Nepal**
Web: uncovernepal.com

This itinerary is indicative and subject to a final booking agreement. Prices, inclusions and day sequence may change with availability, season and group size. Zeta Tours and Travels Pvt. Ltd.